



# ADVISORY

May 1, 2026

## Outbound Shipments Update as of May 2026

Jamaica Post wishes to advise its valued customers that outbound mail items to some destinations continue to be affected by factors beyond our control. While the postal service is actively working with its partners and stakeholders to regularise outbound deliveries, Jamaica Post is now dispatching mail items to the countries listed below.

### COUNTRIES

- |                          |                           |                                      |
|--------------------------|---------------------------|--------------------------------------|
| 1. Antigua & Barbuda     | 16. Grenada               | 31. Saint Lucia                      |
| 2. Australia             | 17. Guadeloupe            | 32. Saint Maarten                    |
| 3. Bahamas               | 18. Guyana                | 33. Saint Vincent                    |
| 4. Barbados              | 19. Hong Kong             | 34. Singapore                        |
| 5. British Virgin Island | 20. India                 | 35. South Africa                     |
| 6. Canada                | 21. Ireland               | 36. Spain                            |
| 7. China                 | 22. Italy                 | 37. Suriname                         |
| 8. Cuba                  | 23. Japan                 | 38. Sweden                           |
| 9. Curacao               | 24. Martinique            | 39. Trinidad and Tobago              |
| 10. Denmark              | 25. Nigeria               | 40. Turkey                           |
| 11. Dominica             | 26. Pakistan              | 41. Turks and Caicos                 |
| 12. Germany              | 27. Portugal              | 42. United Arab Emirates             |
| 13. Ghana                | 28. Puerto Rico           | 43. Uruguay                          |
| 14. Great Britain (UK)   | 29. Qatar                 | 44. USA (Letters/<br>documents only) |
| 15. Greece               | 30. Saint Kitts and Nevis |                                      |

**The information does not apply to FAST TRACK.**

**Only Letters (documents) are being posted to the USA at this time due to the USA Executive Order 14342.**

This update is subject to change without notice. For more information, you may email us at [info@jamaicapost.gov.jm](mailto:info@jamaicapost.gov.jm) or visit [www.jamaicapost.gov.jm](http://www.jamaicapost.gov.jm).

Jamaica Post regrets any inconvenience caused and we thank our valued customers for their understanding and continued support.