



**HEADQUARTER  
POST AND TELECOMMUNICATIONS DEPARTMENT  
6-10 SOUTH CAMP ROAD, C.S.O  
JAMAICA W.I**

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## Resumption of Parcel Service to Cuba

Effective **November 9, 2015**, the Post and Telecommunications Department (Jamaica Post) will resume sending parcels to Cuba.

New rates will apply as follows:

Rate (JMD)	Kilogram (Kg) or Gram (g)
<b>\$2,000.00</b>	500g up to 1Kg
<b>\$500.00</b>	For each additional 500g or part-of

Parcels can **ONLY** be sent to Cuba from the Post Offices listed below:

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|---------------------------|--------------------|----------------------|
| 1. Black River            | 14. Linstead       | 26. Santa Cruz       |
| 2. Bridgeport             | 15. Mandeville     | 27. Spanish Town     |
| 3. Central Sorting Office | 16. May Pen        | 28. St. Ann's Bay    |
| 4. Constant Spring        | 17. Meadowbridge   | 29. Vineyard Town    |
| 5. Cross Roads            | 18. Mona           | 30. Waterford        |
| 6. Falmouth               | 19. Montego Bay #1 | 31. Western District |
| 7. General Post Office    | 20. Morant Bay     | 32. Whitfield Town   |
| 8. Greater Portmore       | 21. New Kingston   | 33. Windward Road    |
| 9. Gregory Park           | 22. Ocho Rios      | 34. Yallahs          |
| 10. Half Way Tree         | 23. Old Harbour    |                      |
| 11. Highgate              | 24. Port Antonio   |                      |
| 12. Liguanea              | 25. Port Maria     |                      |

For more details you may contact customer care at 1-888-526-7678, 922-9435-6, 404-0584 or 561-2021

Postmaster General  
October 28, 2015